

MÁLAGA

HEALTHY LONGEVITY AND QUALITY OF LIFE

COURSE ON HORMONAL AND ORTHOMOLECULAR
MODULATION OF THE AGING PROCESS

OCTOBER 13-14 2023



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REGISTRATION



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CONTENTS

Epigenetics and aging: the evolutionary discordance. Senescence versus senility.
Understanding the root of the problema.

Dysmetabolism as an accelerator of the aging process. real causes of Inflammaging:
Identification and management. The epiphysis-pituitary connection.

Dynamics of fatty acids and living matrix. inflammation and resolution.

Adrenal connection and aging. Practical management of Hypoadrenia as an
accelerator of aging process,

Menopause. Estrogen dominance. Progesterone versus Progestagens. Clinical
management.

In which cases to use hormones and why? practical protocols.

Types of Hypogonadism in Senescence. Clinical cases. Management of
Hypogonadism in the
aging process. Practical and safe uses of bio-identical and non-bio testosterone
identical in male and female senescence as a treatment to combat Inflammaging.

Uses of DHEA in senescence as a true marker of biological age.

Principal indications and contraindications.

Resistance to thyroid hormones in aging. Its practical management. The lie reductionist in subclinical hypothyroidism.

Premature somatopause and aging. Practical protocols with growth hormones and the use of PEPTIDES CJC-1295 / IPAMORELIN. When? During how much time? Benefits of combination therapy.

Pregnenolone and aging. practical uses.

Uses and indications of Melatonin in Aging.

Mitochondrial dysfunction and biocatalytic systems.

Endoxidative delays as accelerators of the aging process and its practical synergistic orthomolecular and hormonal management.

Detoxification schemes in Healthy Longevity. Natural pathways of healing.

Empowering. The system of the “great defense”.

How to build an orthomolecular master formula in Healthy Longevity.

attending biochemical scenarios of inflammation, glycation, carbonylation, oxidation, hypoadrenia and adrenal sinotherapy.

Formulations / Suerotherapies. Practical schemes of intravenous infusions for treatment of deterioration scenarios and chronic ailments: Depression, Insomnia, Anxiety, memory disorders. Sarcopenia, Osteopenia, Neurocognitive impairment, the Cimacteric Syndrome, libido disorders. Heavy metal poisoning.

Intravenous Infusion Protocol for Athletes.

Endovenous orthomolecular protocol for cancer treatment.

Pharmaceutical Exhibition.

Practical workshop on Clinical Cases.

Hands-on in therapies!

GUEST SPEAKERS

Prof. Germaine Escames
Lic. En farmacia, Teresa Bonnin

COURSE PRICE

Hasta/Until 30/06/2023 : 1500 Euros
Hasta/Until 15/08/2023 : 1800 Euros
Hasta/Until 30/09/2023 : 1900 Euros
Desde/From 01/10/2023 : 2000 Euros

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Sociedad Latinoamericana
de Longevidad Saludable



 **Dr. Pedro Torrecillas**